

PTR MASTER OF TENNIS (PERFORMANCE)

A FIRST IN USA COACH EDUCATION



For the first time in the USA, a training program has been developed for tennis professionals and coaches that provides external assessment of skills, knowledge and abilities. The **PTR Master of Tennis (Performance)** qualification matches the National Standards for Sports Coaches (NSSC) at the highest level, which is Level 5. These Standards, at different levels, are used by many other sports and education bodies in the United States and are recognized and endorsed by the United States Olympic Committee (USOC).

PTR has developed the first of three Master of Tennis qualification programs. The content of the Performance program, is linked to the ITF's highest level course, to help coaches gain the knowledge and skills to progress young players with potential. The high standards of the program will be mirrored in the high standards of the

participants. There are specific requirements to apply and be accepted for this prestigious qualification. It is open to PTR members who hold a Professional rating, and who are working with juniors who have potential, high level college players and/or tour professionals.

The program, which is divided into two modules, takes a full time work schedule into consideration. The modules have 18 progressive courses in a unique mixture of online learning and home study, as well as practical on court learning in small groups of fellow professionals. With this format, coaches will benefit from studying in their own time and at their own pace. Coaches will also have the opportunity to interact with their peers on court. The program can be completed in as few as nine months or in as long as two years. A maximum of 20 PTR Professionals will be accepted to each program, which will be conducted by two nationally recognized tutors. Initially, only US members may apply.

The online learning, which includes technical, tactical and competitive video analysis and player profiling, will be easily accessible utilizing dedicated pages on the PTR/Tennis LMS website. Each coach will be assigned a personal access code, so work can be stored for easy reference at any time. For Module 1 (four days), PTR is arranging programs around the country, so at least one module can be completed near the coach's home. Module 2 (three days) will give coaches the opportunity to complete the program while taking part in either the PTR Club and Facility Conference or PTR Symposium.

Assessment will be ongoing; every course must be passed successfully in order to be awarded the qualification. Those who successfully complete the program will earn the rating of **PTR Master of Tennis (Performance)**.



Applicant Requirements

Each PTR Master of Tennis course has a maximum of 20 Coaches participating. It is preferable for the coach to complete the courses in the same Module group (A or B). For the second part of the program, coaches may switch to a different Module group (from A to B or B to A), provided there is room available and that the relevant pre course study has been completed.

The total cost of the Master of Tennis (Performance) Program is \$1,750 (\$100 application fee + 3 payments of \$550 each).

Application deadline - June 15, 2010

To apply for the PTR Master of Tennis program, each coach is required to:

- have coached for 3 years full time or 5 years part time, since obtaining PTR Professional Certification (*or its equivalent**)
- hold PTR Professional certification at the time of program enrollment (**see below for more details*)
- be a current PTR member residing in the United States
- be at least 21 years of age
- be currently teaching tennis on a full-time basis throughout the year
- hold a player rating equivalent of NTRP 4.5 (ITN 5)
- be able to complete every course of the PTR Master of Tennis qualification within two years of starting the program
- have attended the PTR Symposium at least once in the last 3 years before completing the Master of Tennis qualification
- have obtained and submitted a completed background check prior to beginning the program

Following the program, the coach must continue with set Continuing Education requirements in order to keep their Master of Tennis qualification.

** Tennis professionals who hold an equivalent certification from another country or within the US will need to attend the first eight hours of the PTR Certification course, BEFORE beginning the Master of Tennis program. Retesting is not necessary. For full details please email Steve Keller at steve@ptrtennis.org*

Complete the application and submit it with the \$100 application fee.

PTR reserves the right to make selection for the program notwithstanding the following:

1. The professional is coaching players who are elite performance players or who have the potential to become elite players and has a systematic approach to planning the development of such players
2. The requirements for equity and inclusion in terms of gender, ethnicity, ability and experience
3. The order of application by individual coaches for each program

PTR Master of Tennis (Adult) and Master of Tennis (Juniors) Programs will debut in 2011.



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Program Courses, Modules and Venues

Course	Content	Module	Home & Online Study	On Court Course	Off Court Course	
PTR 511	Coaching Philosophy and Principles of Coaching	1	2 hours		2 hours	
PTR 521	Health and Safety in Tennis	1	2 hours			
PTR 522	Red Cross Sports First Aid/CPR	1	online course Red Cross book		2 hours (Red Cross)	
PTR 531	Physical Conditioning	1	4 hours	3 hours	1 hour	
PTR 532	Injury and Injury Prevention	2	2 hours	2 hours		
PTR 533	Nutrition and Hydration	1	3 hours			
PTR 534	Drugs in Sport	1	3 hours			
PTR 541	Growth and Maturation	1	3 hours		3 hours	
PTR 542	Coaching Programs and Competitive Formats 1. Coaching Programs + 2. Appropriate Competitive Formats	1	4 hours +	3 hours +	2 hours	
		2	4 hours	1 hour		
PTR 551	Coaching Skills	1 and 2		12 hours		
PTR 552	Planning	2 and 1	3 hours		3 hours	
PTR 553	24 Hours + Workplace Coaching	Between 1 and 2	24 hours minimum			
PTR 561	Mental Skill Development	1		3 hours	1 hour	
PTR 562	Technical Development	1 and 2	6 hours	5 hours	2 hours	
PTR 563	Tactical Development	2	2 hours	4 hours	2 hours	
PTR 571	Working with Parents	1	1 hour		1 hour	
PTR 572	Club and Tournament Organization, Staff and Risk Management	2	3 hours			
PTR 581	Testing, Evaluating and Monitoring	2	3 hours + 2 hours (post course)		2 hours	
Total Hours				71 hours without First Aid Course	33 hours	21 hours with First Aid





Application Process

May 1	First acceptance date for applications (\$100 non-refundable fee) for the 2010/11 PTR Master of Tennis programs in Chicago (IL), Boulder (CO), and Orlando (FL)
June 15	Application deadline
July 1	Notification of acceptance and program placement

Schedule* 2010-2011 Programs Beginning in Chicago, Boulder or Orlando

Date	Program Element	Fees Due
July 2010 - end August	Online Home Study for Module 1 and Completion of Online First Aid Course	1st payment \$550 USD due July 15
September October	Practical Course for Module 1 in either Chicago or Boulder Practical Course for Module 1 in Orlando	2nd payment \$550 USD
September - February 2011	Online Home Study for Module 2	
February 2011	Practical Course for Module 2 on Hilton Head Island (during PTR Symposium)	3rd payment \$550 USD
March April	Online Home Study for Program Completion Final Assessment by Tutors and Notification	

**See Page 5 for Schedule details*



photos courtesy HEAD

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2010/2011 Detailed Schedule

Module 1

Chicago, IL Midtown Tennis Club	Module 1	September 3-6, 2010
Boulder, CO Harvest House	Module 1	September 9-12, 2010
Orlando, FL Hyatt Grand Cypress	Module 1	October 7-10, 2010



Module 2

Hilton Head Island, SC PTR International Headquarters	Module 2	February 16-18, 2011
	Module 2	February 23-25, 2011



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APPLICATION

Name First _____ Middle _____ Last _____

Mailing Address _____

City _____ State _____ Zip _____ Country _____

Home Phone (_____) _____ Work Phone (_____) _____ Cell Phone (_____) _____

Birth Date _____ Email _____
month/day/year

Number of Years Teaching Tennis _____ Place of Tennis Employment _____

Current Coaching (*circle one*) Academy College (Men's / Women's) Regional/National Center Tennis Facility

NTRP Rating _____ Did you play (*circle all that apply*) Professionally? College Tennis? High School Tennis?

Reasons for applying for the PTR Master of Tennis Program _____

Names and Rankings of Players You are Currently Coaching (who will be involved in your program work)

Player's Name	Date of Birth <small>month/day/year</small>	Ranking	State or Section

I would like to apply for the program starting in (*city*) 1st choice _____ 2nd choice _____ 3rd choice _____

Non-refundable Application Fee \$100

Circle Payment Method American Express MasterCard VISA Check Enclosed Money Order Enclosed

Card Number _____ Expiration Date _____ Security Code _____

Print name as it Appears on the Card _____

Signature _____

Make Check or Money Order Payable to PTR

Mail to
PTR, PO Box 4739, Hilton Head Island, SC 29938-4739
or Fax with Credit Card information to
843-686-2033 • steve@ptrtennis.org

