

PTR Fast Feeding Contest!

There will be a Cardio Tennis Fast Feeding Contest on Thursday, Feb. 21st at the PTR Intl. Tennis Symposium. To be eligible to compete and win prizes you must be a current member of the PTR and officially registered for the Symposium.

Rules:

- 1) Feeders get 6 practice feeds before they start. Feeders must go in sequence from right to left (right target, center target, left target). If they miss they should move on to the next target area, do not keep feeding to a target area until they hit it.
- 2) The feeder shoots for one minute and tries to get as many feeds into the target areas as possible.
- 3) Feeders may not have any balls in their hands when the clock starts.
Feeder position is behind a line which is set up between the service line and baseline. The feeder's feet must remain behind this line. The feeder may position himself behind this line anywhere between the 2 singles sidelines.
- 4) The winner will be the professional who records the highest number of on-target feeds in the competition.
- 5) If there is a tie, there will be a playoff with the same rules.
- 6) First prize is \$400 and a complimentary registration for the 2009 PTR International Tennis Symposium.